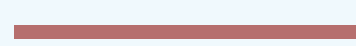




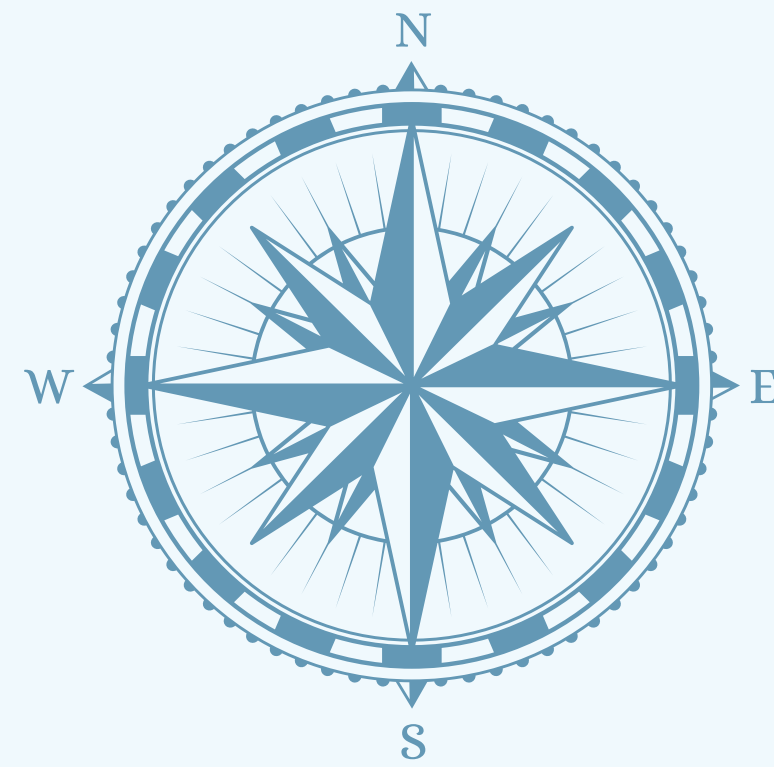


Val di Sole

-  Roads
-  Ski Train
-  Ski lifts
-  Alpine dairy
-  Mountain hut
-  Dairy



Ortles Cevedale



1. DISCOVER ALPINE CHEESE AND LOCAL SURROUNDINGS

Discover with an expert the characteristics of alpine cheeses with the 5 senses. A tasting of fine cheeses paired with fine wines and local products. An experience to taste authentic typical flavours and understand the right food combinations, the different aromas and uniqueness of each product.

Agritur il Tempo delle Mele
T. 347 955 8401 - info@agriturdellemele.it
Booking required by 11:00 am of the previous day
every Friday from December 8th to April 30th at 4:30 pm
SAMOCCLEVO - Agritur il Tempo delle Mele
€ 25 per participant
Min 5 - Max 20 1h30

8. CYCLING ON THE SNOW IN VALPIANA

Riding an e-bike on the snow, have you ever thought about this kind of activity? Starting from the village of Pellizzano we will reach the locality of Valpiana, and then go up to the Osana alpine hut "Malga del Doss", where a hot tea will wait for us to refuel ourselves. For the activity you will receive a standard e-bike to ensure stability and safety in the snow, and naturally, a MTB guide will always be with you.

Trentino Wild
T. 340 2175873 - info@trentinowild.it
Booking required by the preceding Monday of the activity day
every Thursday from December 21st to February 29th at 9:00 am
DIMARO - Trentino Wild
€ 70 per participant
Min 4 - Max 7 3h

15. FROM THE WOODS... TO THE BEEHIVE

Immerse yourself in the scent of the wood and its several functions and discover its supply chain, from the origins to the construction of a beehive. During the laboratory you will get to know the world of bees, how to build a beehive and how it is managed. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams.

Casa dell'Ape
T. 333 3509094 - francotripodi83@gmail.com
Booking required by 6:00 pm of the previous day
every Monday, Tuesday and Friday from December 4th to April 1st at 2:00 pm
ORTISE - Casa dell'Ape
€ 10 adults | € 8 children 5-14 years free for children 0-4 years
Min 1 - Max 15 2h

22. DISCOVER THE SECRETS OF KNITTING

Soft wool transformed into warm and comfortable tailor-made clothes, ready to wear! Come and meet Susy and Viola, and observe their hands transforming the wool of the sheep raised in Val di Peio into knitwear, later dyed using natural methods. Afterwards, you can touch the soft wool and make a cute sheep-shaped pin to take home.

La Lana Lunatica
T. 346 1539427 - lalanelunatica@gmail.com
Booking required by 6:00 pm of the previous day
every Tuesday from December 5th to April 9th at 10:30 am
VERMIGLIO - Vicolo di Somacort, 31
€ 10 per participant
Min 2 - Max 4 1h

26. MUOVERSI...

The sound of snow crunching under the snowshoes and the silence of the snowy forest are just some of the elements that will make this experience truly unique. Discover some of the most beautiful places in Val di Sole in winter thanks to the rich daily program of organized excursions accompanied by expert local mountain guides.

Azienda per il Turismo Val di Sole, Peio e Rabbi
T. 0463 901280
Booking required by 6:00 pm of the previous day
Min 2 - Max 15
Tipology A - half day 20 € adults | 10 € children Family package (2 adults + 2 children): 54 € Additional child to the family package: 6 €
Tipology B - full day 30 € adults | 15 € children Family package (2 adults + 2 children): 91 € Additional child to the family package: 8 €

Legenda calendario

Date and time, Experience name, Elevation gain and difficulty (Low, Moderate, Low-moderate), Meeting point, Price tipology

2. BAREFOOTING IN VAL DI RABBI

Thanks to an expert naturopath you will find your psychophysical balance and recharge yourself through the wood essence, and the unique feeling of the cold under your feet in contrast to a warm and pleasant self-massage with balsamic ointment. Finally, a tasty snack at Silvia's patisserie will follow, with a hot herbal tea and a typical dessert.

Rabbi Vacanze
T. 0463 985048 - info@valdirabbi.com
Booking required by 12:00 pm of day of the activity
every Wednesday and Saturday from December 20th to March 30th at 2:00 pm
RABBI - San Bernardo - Percorso Kneipp
€ 20 per person experience suitable for adults
Min 3 - Max 10 1h30

9. BUSHCRAFT

Learn how to survive in the wilderness, without any modern comforts you will find all the things you need in the wood. Breath, observe the untouched nature and then challenge yourself. During the activity you will learn how to light a fire using only a fire striker and natural materials, and how to build an emergency shelter and interpret forest signs.

Ursus Adventures
T. 340 636715 - info@ursusadventures.it
Booking required by the activity must be booked 2 days in advance
every Wednesday from December 6th to April 17th at 2:00 pm
DIMARO - Dolomiti Restaurant
€ 50 per participant Suitable for children aged 10 and older
Min 4 - Max 15 3h

16. RIDE INTO A FAIRY TALE

Snow, clogs and bells! Just like in a fairy tale, get into the carriage and let yourself be transported by Jenny and Gelo, the inseparable pair of blond Haflinger horses. Through the wood and the countryside to the village of Pellizzano, warmed by the magic of lit torches and a typical product tasting waiting for you on your return to the farmhouse.

Agritur Bontempelli
T. 348 4976411 - info@maneggio.net
Booking required by 6:00 pm of the previous day
every Friday from December 8th to April 26th at 4:30 pm
PELLIZZANO - Agritur Bontempelli
€ 35 adults | € 25 children up to 10 years
Min 2 - Max 18 2h

23. DEFYING AEOLUS

An exciting, adrenaline and accessible winter sport: have you ever tried snowkiting at Passo Tonale? It is the snow version of kite-surfing: driven by the wind, you will slide on white slopes with a snowboard or ski, controlling the kite by means of a bar, whizzing through the white mountains of Tonale.

Nikite Snowkite School
T. 337 2041363 - info@nikite.it
Booking required within 3 days in advance and to be confirmed according to wind intensity
every Wednesday and Friday from December 6th to April 12th at 9:00 am
PASSO TONALE - c/o Grand Hotel Miramonti
€ 170 per participant
Min 1 - Max 3 3h

... December 8, 2023 to April 7, 2024

Table with columns: Date, Name, Participants, Location, Price, Tipology

3. UNDER THE MOON IN THE STELVIO NATIONAL PARK

An easy night walk in the moonlight, along a simple path immersed in an authentic mountain environment, to discover tales, myths and curiosities about the Stelvio National Park. You will then get warm inside a mountain hut and taste local specialties, while the guide will deepen the theme of light pollution and the effects it has on the Park fauna.

Parco Nazionale dello Stelvio
T. 0463 909773
Booking required by 12:00 pm of the previous day
every Friday from January 12th to March 29th at 6:00 pm
RABBI - Park Info Point
€ 50 adults | € 40 children 8 - 13 years
Min 5 - Max 15 4h

10. SKI PERFORMANCE VIDEO

A ski lesson with a national instructor or federal certified coach, who will correct you through the video review: you can see your mistakes directly on the screen and try to correct them immediately, while sliding down another slope in the suggestive Campiglio Dolomiti di Brenta Skiarea.

Scuola Italiana Sci Folgarida Dimaro
T. 0463 986350 - info@scuolascifolgarida.com
Booking required by 6:00 pm of the preceding Tuesday of the activity day
every Monday (except on February 12th and 19th) from January 8th to April 8th at 2:00 pm
LOC. MALGHET AUT - Scuola Sci Folgarida Dimaro
€ 55 per participant | € 15 each additional person
Min 1 - Max 8 1h

17. A HORSE AS A FRIEND

Get on the horses and enjoy the quiet winter atmosphere of the wood. If you keep your eyes open, you could have the opportunity to see some cute animals roaming in the undergrowth. At your return, a tasty break with local products will wait for you and the little ones could get to know the animals of the ranch.

Fede Ranch
T. 339 7911521 - federicadelle83@gmail.com
Booking required by 12:00 pm of the previous day
From Monday to Friday from December 18th to April 1st at 10:00 am and 2:30 pm
PEIO - Fede Ranch
€ 35 per participant Children from 9 years old
Max 4 1h

24. SKI EVOLUTION INTERPHONE

Improve your skiing style: thanks to an interphone placed in your ear, the instructor will correct your descent on the slopes in real time. This will allow you to make great progresses very quickly, following the precious suggestions of an expert ski instructor.

Evolution Ski School
T. 342 3987853 - info@tonevolutione.it
Booking required by the activity must be booked 2 days in advance
every Thursday from December 7th to December 21st and from January 11th until April 25th at 3:00 pm
PASSO TONALE - Evolution Ski School
€ 90 per participant
Min 1 - Max 1 2h

4. LOOKING AT THE STARS

At dusk, with crampons on the feet, from the town of Malé to the beginning of the wood, are you ready to start a fire together with a mountain guide? You will spend some great moments, surrounded by nature. You will then observe the sky to discover the most famous constellations of the celestial vault.

Guide Alpine Val di Sole
T. 347 7457328 - info@guidelalpinevaldisole.it
Booking required by 6:00 pm of the previous day
every Thursday from December 7th to March 28th at 4:30 pm
MALÉ - Acquacenter Val di Sole swimmingpool Parking
€ 25 per participant
Min 5 - Max 18 3h

11. SKIEAT

Together with a ski instructor, to the discovery of the Campiglio Dolomiti di Brenta Skiarea. From Daolasa up to Madarens, Campiglio with some tasteful surprises carefully chosen from us. You won't have to worry about anything: just having fun in the snow at the foot of the Brenta Dolomites.

Scuola Sci Val di Sole
T. 0463 970002 - info@scuolascivaldisole.com
Booking required by 6:00 pm of the preceding Tuesday of the activity day
every Thursday from December 14th to April 11th (except December 28th and January 4th) at 9:45 am
DAOLASA - Scuola Sci Val di Sole
€ 99 per participant
Min 5 6h

18. GUIDED TOUR OF A CRAFT BREWERY AND BEER SAMPLING

Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Peio. Taste the various types proposed, paired with a selection of local products. How much sophisticated is your palate? Can you guess all the aromas that make it up?

Birriffico Artigianale Pejo
T. 377 4386829 - info@birrapejo.it
Booking required by 12:00 pm of the previous day
every Wednesday from December 6th to April 3rd at 5:00 pm
COGOLLO - Birriffico Artigianale Pejo
€ 10 per participant
Min 2 - Max 25 1h30

25. DOG SLEDDING

An experience of freedom, confidence and strong understanding with dogs. The activity consists of a mushing introductory lesson, where you will drive the sled dragged by the team of dogs, following the instruction of the instructor. Finally, you can spend some time with the friendly dogs.

Scuola Italiana Sleddog
T. 338 8137697 - info@scuolaitaliansleddog.it
Booking required by the activity must be booked 3 days in advance
From Monday to Friday from December 11th to April 12th (except from December 26th to January 7th) at 1:00 pm
PASSO TONALE - Località Case Sparse
€ 120 adults (above 15 years) | € 90 junior (7-15 years)
Min 1 - Max 4 2h

5. WINTER ON 2 WHEELS

Discover the most appreciated landscapes of the beginning of Val di Sole or Val di Rabbi on an e-bike. You will ride on the snow and create a connection with the white winter scenery with the alpine guide and MTB instructor Silvano. Are you ready to whizz along white scenic tracks?

Andreis Bike Rent
T. 338 6076376 - info@andreiscn.com
Booking required by the activity must be booked 2 days in advance
every Friday from December 22nd to March 29th at 10:00 am
MALÉ - c/o Andreis Bike Rent, via Conci, 19
€ 70 per participant
Min 3 - Max 8 3h

12. WILD SNOWBOARD

If you don't like standing the wait to get on a chairlift: this experience is designed for you: a fresh, off-trail adventure, along an unexplored ridge at the base of the Brenta Dolomites. An adrenaline-pumping experience and a sense of freedom to be enjoyed to the full.

Scuola Sci Marilleva
T. 0463 754234 - info@scuolascit.com
Booking required by 5:00 pm of the preceding Monday of the activity day
every Thursday from January 11th to April 11th at 1:30 pm
MONTE VIGO - arrival Orso Bruno chairlift
from € 35 per participant
Min 3 - Max 8 3h

19. A SOLANDRA COOKING CLASS

Do you want to learn some traditional cooking recipes of Val di Sole, while taking part in a fun cooking workshop? Learn how the typical dishes of Trentino are prepared and taste their authentic and genuine flavours. At the end of the activity you will receive a recipe book, to reproduce some of these dishes once you get home.

Chalet Alpenrose
T. 0463 7542088 - info@chaletalpenrose.it
Booking required by 12:00 pm of the previous day
every Thursday from December 21st to January 4th and from January 25th to March 28th at 10:00 am
COGOLLO - Chalet Alpenrose
2 participants: € 50 | More than 2: € 40 experience suitable for adults
Min 2 - Max 8 2h

6. NONNA OLIVA'S POLENTA

Prepare the typical Trentino polenta with Leonardo following the historical recipe of granny Oliva. And afterwards... everyone at the table! Enjoy traditional flavours combined with excellent products and mulled wine from the agricultural farm. And finally, a tasty slice of homemade strudel. At the end of the activity Leonardo will take you back with the warm light of lanterns.

Maso Toffe
T. 342 5529282 - masotoffe@gmail.it
Booking required by 12:00 pm of the previous day
every Wednesday from December 6th to March 13th at 4:30 pm
MONCLASSICO - Maso Toffe
€ 60 adults | € 35 children up to 13 years old
Min 3 - Max 9 4h

13. A TRAINLOAD OF TASTE

Travel on board the valley train with a local guide through Val di Sole. Val di Non and Piana Rotaiiana to discover the flavours of Trentino. Visit the Presanella cheese factory in Mezzana, the Golden Theatre and the Melinda establishment in Val di Non and the Rotary winery in Mezzocorona. Enjoy typical products and conclude the experience with delicious finger food combined with Trentino wines.

Consorzio Dimaro Folgarida Vacanze
T. 0463 986608 - info@visitdimarofolgarida.it
Booking required by 6:00 pm of the previous day
every Thursday from December 21st to March 28th at 9:15 am
MEZZANA - Train station
€ 35 per participant Free train ride with the Trentino Guest Card
Min 6 - Max 20 8h

20. SKI MOUNTAINEERING AT THE FOOT OF VIOZ

Ski mountaineering in Val di Pejo. After a short lesson on the technique, you will go into the wood of the Stelvio National Park with a guide, to understand its essence and secrets. Once the destination is reached, you will ski down the slopes of the Pejo 3000 Skiarea to Après Ski Bocher, where a tasty zero-kilometre snack will be waiting for you.

Scuola Sci Val di Pejo
T. 0463 753243 - info@scuolaitaliansc.it
Booking required by 6:00 pm of the previous day
every Thursday from January 11th to April 4th at 3:00 pm
PEIO - Val di Pejo Rent
€ 70 per participant
Min 3 2h30

7. THE SHADOW LINE

Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses of these villages: a unique place in Europe, a real open-air museum. Before tasting the mulled apple wine, you will also visit the camera obscura sundial, one of the five existing in all Italy.

Associazione Le Meridiane
T. 0463 986608 - info@visitdimarofolgarida.it
Booking required by 12:00 pm on the day of the activity
every Monday from December 18th to March 25th at 3:00 pm
MONCLASSICO - Biologo Park
€ 10 adults | € 5 for children under 12 years old
Min 2 - Max 20 2h

14. THE SCENT OF TRADITION: IN THE CHEESE VAULT

Take a closer look to the expert hands of the Presanella cheese factory's dairymen transforming milk into tasty cheese. Afterwards, you will visit the seasoning warehouse, where you can discover the thousands of wheels of Trentingrana aging and becoming a unique product. Let yourself be carried away by these delicious scents and then taste their intense and delicious flavour.

Caseificio Presanella
T. 0463 757282 - info@caseificiopresanella.com
Booking required by 12:00 pm of the previous day
every Friday from December 1st to March 29th at 4:00 pm
MEZZANA - Presanella cheese factory
€ 10 adults | € 5 up to 18 years old
Max 25 1h30

21. MOUNTAIN WELLNESS AND GODNESS

Listen to yourself, breathe and relax in an Alpine stube with the aromatic scent of Swiss stone pine. Discover Val di Peio with the mountain herb peeling, the edelweiss face mask, the anti-inflammatory arnica pack with a foot massage. The sauna, Turkish bath and whirlpool will be completed by your disposal: close your eyes and relax among the notes of nature.

Terme di Pejo
T. 0463 753243 - info@termepejo.it
Booking required by 12:00 pm of the previous day
Wednesdays and Fridays (Wed 10:00 am - Fri 7:30 pm) December 6th and from December 20th to March 29th
PEIO - Via delle Casce Adcluce 3
€ 110 wow experience | € 130 wow experience deluxe
Max 4 3h



Val di Sole logo, social media icons, and a compass rose.

WOW EXPERIENCES Legend

STAMPS

experience n° ____
Write the name of the experience

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Take part in at least 2 experiences

Take this map with you and ask the provider to stamp it

Collect the FREE BEANIE in one of the Val di Sole info offices

WIN THE BEANIE

PRIZE COLLECTED

DATE _____

PLACE _____